

Organised By



2021



WOMEN'S  
HEALTH

INTERNATIONAL PEOPLE'S  
HEALTH UNIVERSITY

Gender, Justice & Health

ONLINE SHORT COURSE

HEALTH

# Welcome to the Gender, Justice and Health Online Short Course!

We are excited to have you on this short course from 29 October to 20 November 2021. We will examine and deepen our understanding of the socio-economic, political, and cultural contexts and the intersecting factors that impact our health and the realisation of our right to health; and how women, girls, and other gender-marginalised groups are being rendered more vulnerable to overlapping crises.

The COVID 19 pandemic has demonstrated the aggravation of existing inequalities and injustices within and across countries. The consequences of the pandemic pose critical challenges globally. Along with having a devastating impact on the social, cultural, economic, and public health systems of countries across the world, the pandemic is bringing to light a profoundly problematic narrative of inequality, precipitated on the one hand by the sustained structures/oppressions of gender, caste, race, religion, citizenship, work, location, ability, sexual orientations, sexual expression, ethnicity, etc. and on the other, by neo-liberal global structures, pharmaceutical industries, global institutions, and authoritarian states. It has increasingly become visible how socially constructed roles and intersectional identities affect the risk of exposure to infection and impact the individuals' experiences of the kind of treatment received.

The pandemic demonstrated how governments relinquish the responsibility of providing low-cost, accessible, and quality health care, while private and corporatized health care, which is often expensive, is thus unavailable to the marginalized and vulnerable. Girls, women, and trans persons comprise a substantive number of those who bear the brunt of this inequity.

They need to deepen and expand the understanding of the socio-political and economic contexts that impact health is extremely urgent for all and particularly so for those at the margins of society in the lower and middle-income countries. An intersectional understanding and strategy are imperative to renew the long struggles, the hard-won rights that stand threatened. In this context, the International People's Health University (IPHU) has been planned to respond to the many requests that we have received over the past two years from various networks, students, and activists to develop a comprehensive understanding and bring to their work perspectives and analysis of gender and justice in the context of health including sexual and reproductive health and rights.

## About IPHU and the Organizers

The IPHU is being organised jointly by the Gender, Justice and Health Thematic Group of People's Health Movement (PHM), Sama Resource Group for Women and Health, and Women's Global Network for Reproductive Rights (WGNRR).

The objective of the IPHU on gender, justice, and health is to build the capacity of young girls, women, men, and transgender and LGBTQI communities from the global south to address the inequities in health from the lens of gender and intersectionality to achieve health for all particularly in the current pandemic context and beyond. The course will broaden understanding of the intersections of the social determinants of health, including analytical frameworks, forms of struggle, and mobilisation in addressing the social determinants of health.

Due to the pandemic, the IPHU will happen online; however, the pedagogy for virtual learning will include sharing, exchange, learning. The IPHU will also provide a learning space and a meeting point for health activists that aims to empower its participants, develop capacities and enhance action and strategies that contribute to strengthening the movement and the work and struggles for the right to health. It will also provide an opportunity to become a part of PHM, which believes in Health For All.



The People's Health Movement (PHM) works with communities and civil society organisations in over 70 countries to improve healthcare for all along with the social determinants of health. PHM consolidates its campaign work around various thematic groups. One of these is “Gender, Justice and Health”, which has been a major campaign looking into health and human rights, including sexual and reproductive justice premised on intersectional justice, not only in the context of health but in the larger political context. <https://phmovement.org/>



Sama Resource Group for Women and Health considers health a fundamental human right and promotes an intersectional feminist perspective, which takes into account the power dynamics in society, between different genders; sexual, cultural, religious and ethnic identities; classes; castes; races; promises to be useful when tackling issues of and around health. <https://samawomenshealth.in/>



WGNRR- Established in 1984, Southern-based global, member-driven network that connects and strengthens movements for Sexual and Reproductive Health, Rights (SRHR) and justice. WGNRR works to realise the full SRHR of all people, with a particular focus on the most marginalised. <https://wgnrr.org/>

# Gender, Justice & Health Course

The IPHU short course will cover 7 modules:

1. Understanding Gender, Sexuality and Intersectionality
2. Advancing Sexual & Reproductive Health Rights for all
3. Unpacking Mental Health
4. Gender and Health Care Technologies: Pandemics and Beyond
5. Gender, Health and Climate Justice
6. Gender Based Violence
7. Research, Advocacy and Movement Building on health from a gender and intersectionality lens

Each module will have gender, rights, equity and intersectionality as a cross cutting theme. Each module will focus on conceptual clarity on the topic, theory along with building the capacities of the participants on research, advocacy, networking and movement building. We will use a range of interdisciplinary concepts, tools, suggested readings and pedagogies including Art and other media forms to understand and analyse these topics under the larger umbrella of Health for All.

Pedagogy will ensure substantive time for discussions and interventions of the participants during the thematic sessions, and also for presentations towards enhanced participation. The IPHU will be interspersed with spaces for participants to share and learn about their respective contexts, strategies and challenges, as well as through interface with representatives from diverse movements.

## Schedules



**29 & 30 October**  
**6 November**  
**12 & 13 November**  
**19 & 20 November**



**Three hour session**  
**each day**  
11:30 am – 2:30 pm  
(India Standard Time; UTC +5:30)

## Learning Platform



**Zoom**  
Link will be sent  
via email

## Contact person

**Sarojini N**  
sarojini@phmovement.org  
WhatsApp +91 98186 64634

# Gender, Justice & Health Course

## Schedules

**26 OCTOBER**

Preparatory Call

11:30 AM - 1pm  
India Standard  
Time

**29 OCTOBER**

- Introduction to the Course
- Module 1: Understanding Gender, Sexuality, Intersectionality

11:30 am – 2:30 pm  
UTC +5:30

**30 OCTOBER**

Module 2:  
Advancing Sexual  
& Reproductive  
Health Rights for  
All

11:30 am – 2:30 pm  
UTC +5:30

**6 NOVEMBER**

Module 3:  
Unpacking Mental  
Health

11:30 am – 2:30 pm  
UTC +5:30

**12 NOVEMBER**

Module 4:  
Gender-Based  
Violence

11:30 am – 2:30 pm  
UTC +5:30

**13 NOVEMBER**

Module 5:  
Gender and  
Health Care  
Technologies &  
Pandemics

11:30 am – 2:30 pm  
UTC +5:30

**19 NOVEMBER**

Module 6:  
Gender and  
Climate Justice

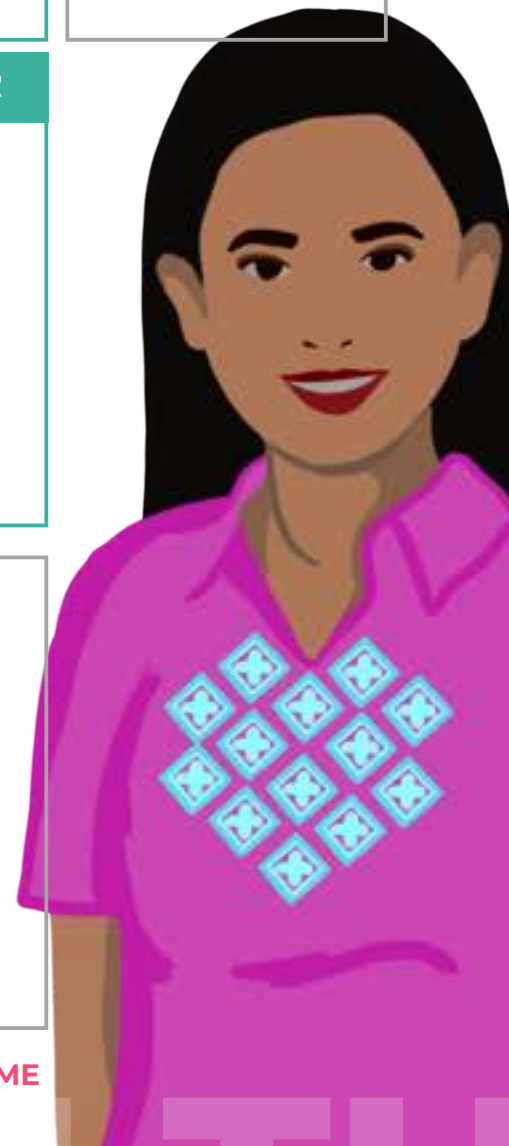
11:30 am – 2:30 pm  
UTC +5:30

**20 NOVEMBER**

WRAP-UP SESSION

- Research, Advocacy and Movement Building on Health from a Gender and Intersectionality Lens
- Advocacy planning
- Evaluation and Closing

11:30 am – 2:30 pm  
UTC +5:30



[CLICK HERE TO CHECK UTC +5:30 IN YOUR LOCAL TIME](#)

## Sessions and Speakers

### Understanding Gender, Sexuality and Intersectionality

The session will discuss the key concepts of gender, sexuality from an intersectional lens. The session aimed at developing an understanding on how gender is constructed, maintained and reinforced. The session will also discuss non-binary gender identities. It also delves into gender equality and equity, gender just, gender-based discrimination, among others.



**Speaker: Chayanika Shah**

Chayanika Shah is an educator, writer, researcher and queer feminist activist. She has campaigned, researched, taught, and written on feminist studies of science, the politics of population control and reproductive technologies, communalism, gender studies, sexuality and sexual rights.

All her adult life she has been active with voluntary collectives engaged in political action around issues of gender, sexuality and human rights. Over the years she has also worked on independent research projects in areas such as population control and reproductive technologies; feminist studies of science; understanding gender and sexuality from queer and trans lives.

Her published books include: “Space, Segregation, Discrimination: The Politics of Space in Institutions of Higher Education” published by Yoda Press this year; “No Outlaws in the Gender Galaxy” published by Zubaan, “Bharat ki Chhaap” a companion book for the documentary of the same name and “We and Our Fertility: The politics of technological intervention”.

### Advancing SRHR for All

This session will tackle key issues, debates and contestations in sexual and reproductive health and rights (SRHR) and reproductive justice. It will discuss with trajectories of development of SRHR, key debates regarding the way SRHR have evolved, and introduce the concept of ‘reproductive justice’. Using examples of Contraception and Abortion, the session will take a critical look at SRHR as part of a larger, comprehensive health goal. This session will put the spotlight on SRHR as vital aspects of health and wellbeing at large.



**Speaker: Marevic Parcon**

Marevic is the Executive Director at Women's Global Network for Reproductive Rights (WGNRR). Based in the Global South, she is an activist with three decade experience in promoting social justice, women's rights, community mobilization and campaigning for sexual and reproductive health and rights including safe abortion rights.

She helped established networks of grassroots organizations to address abortion stigma at multiple levels in Kenya, Nepal, Nigeria, Pakistan, Philippines, Tanzania and Uganda. She co-established networks and organizations on women's rights and justice including the Philippine Safe Abortion Advocacy Network (PINSAN).

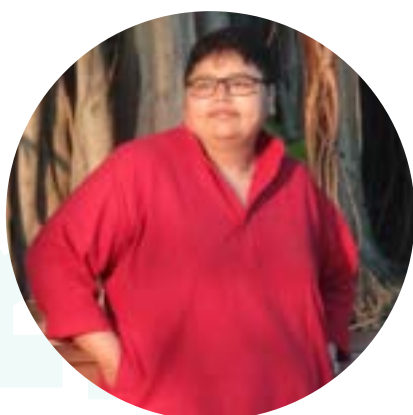
She served as an organizing and steering committee member in various global networks and events on SRHR and human rights. She is currently a member of the Executive Committee of the Women Human Rights Defenders International Coalition (WHRDIC), Advisory Committee for the Safe Abortion Advocacy Initiative – A Global South Engagement (SAIGE), and a Steering Committee member of PINSAN.

# Sessions and Speakers

## Unpacking Mental Health

The session will build an understanding of mental health and its social determinants; examine prevalent critiques of mental health from a gender/patriarchy, equity perspective and map and discuss existing policy, legal provisions in the Asian region. Mental health care continues to receive low priority within public health systems and is fraught with several concerns, including low resources, inadequate skilled health workforce and unethical practices. This session will also discuss mental wellbeing in varied contexts of social and economic inequalities, pandemics, violence, conflict, forced displacement; availability and gaps in psychosocial support, among others.

### Speaker: Ketki Ranade



Ketki Ranade/KP is currently teaching at the Center for Health and Mental Health, School of Social Work, TISS, Mumbai. KP completed their graduation in psychology from Mumbai University and later studied at TISS and the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore.

Before joining the School of Social Work at TISS in 2010, KP has worked for almost a decade as a mental health service provider, researcher and activist and has developed mental health service programs in low income urban settlements and institutions such as the Beggar's Home and Family Court in Pune and Bombay.

KP's research, writing and teaching is in the areas of mental health law, policy, programmes and advocacy; LGBTQ mental health; clinical social work and research methodology.

KP is the lead author of a forthcoming book, *Queer Affirmative Counselling Practice* - a resource book for mental health practitioners in India published by Mariwala Health Initiative. KP is also author of 'Growing Up Gay- A critical psychosocial perspective', Springer (2018)

## Gender Based Violence

The session will discuss the structural determinants and forms of gender based violence; GBV as one of the most severe forms of human and health rights violation. The session will deliberate on GBV as a serious public health concern, critically examining the role of health systems in this regard.

### Speaker:

### Deepa Venkatchalam



Deepa Venkatchalam is with Sama Resource Group for Women and Health. She has engaged over the past many years on issues of gender, public health, and rights, through research, advocacy and trainings. She has been involved particularly in initiatives to address gender based violence in the realm of public health. She has also contributed to research publications, essays and articles on a range of issues. She has been actively involved with the People's Health Movement as well as with other health and feminist spaces.

# Sessions and Speakers

## Gender Based Violence



**Speaker:**

**Adsa Fatima**

Adsa is with Sama Resource Group for Women and Health—a feminist resource group based in India. As part of her work she has been looking into the areas of Gender based Violence and Strengthening Health System’s response to GBV; Sexual and Reproductive Health and Rights and Justice, Abortion rights—through the lens of gender and intersectionalities with social marginalisation(s). She has been involved in conducting trainings on these issues with healthcare providers, and grassroots organizations.

## Gender and Health Care Technologies: Pandemics and Beyond

This session will explore how gender along with other intersectional identities influences health outcomes and access to healthcare and health care technologies also emphasise the situations beyond pandemics. It will strengthen participants’ capacities to carry out gender analysis of health: including an understanding of vulnerability to illness due to gender inequality, access to health care, as well as gender analysis of health systems and health policies - global and domestic. This session is aimed at enabling participants to critically understand the interface of health care technologies through a gendered perspective.

**Speakers: Lauren Paremor, PHM South Africa and Priyam Liz**



Lauren Paremor is a Senior Lecturer in Political Studies at the University of Cape Town. Her research focuses on health activism, global governance for health, and political mobilisation aimed at realising social citizenship in societies of the Global South.



Priyam Liz is a lawyer working on aspects of the right to health in India. She has been associated with People’s health movement’s work on equitable access to COVID-19 technologies in India. She also works on the interplay of international trade laws and its impact on the right to health.



# Sessions and Speakers

## Gender, Health and Climate Justice

The session will delve into the linkages between gender and climate justice with a special focus on marginalised genders. The linkages between gender and social determinants of climate change will also be presented. The session will look into how climate change affects gendered identities, and what are the plausible ways to address issues emerging from climate change, especially those affecting vulnerable and marginalized populations.

**Speakers: Sai Jyothirmai Racherla (Sai), Biplabi Shrestha and Deepa Chandra**



**Sai Jyothirmai Racherla (Sai)** is the Deputy Executive Director at the Asian Pacific Resource and Research Centre for Women (ARROW). She has been working in the area of women's health and rights, in particular sexual and reproductive health and rights, research, monitoring and advocacy the past 20 years. She co-wrote the ARROW ICPD regional monitoring reports for ICPD+10; +15; +20; +25.

Sai has been actively engaged in the youth movement building for the SDGs in the region, and has been active as ARROW representative along with co-convenors in developing a space for young people discourse through the AFFSD Youth Forums, which are held every year ahead of the APFSD Intergovernmental Forum.

Sai holds a Master's Degree in Food and Nutrition (MSc,) and an Advanced Diploma Degree in Population Studies, and Research Methodology



**Biplabi Shrestha** is a Programme Director at the Asian- Pacific Resource and Research Centre for Women (ARROW). ARROW, a global South Feminist organization based in Malaysia, works towards an equal, just, and equitable world that enables women and young people to realize their full sexual and reproductive health rights (SRHR). Biplabi's long involvement in gender equality and women's health are inspired and informed by the lived realities of women and girls in Asia.

As a programme manager at ARROW (2017-2019), Biplabi managed ARROW's multi-country programme that builds constituencies with new alliances to develop knowledge and ownership of gender, feminism, and SRHR issues by strengthening the linkages between issues that pose challenges to the SRHR agenda, such as but not limited to, climate change, conflict and crisis situations, disability, migration, food insecurity, religious fundamentalism and conservatism. Prior to ARROW, her work in Nepal focused on capacity strengthening of women and young people at the local and national level on HIV and AIDS.

Biplabi holds a degree in Gender and Peace Building from the University for Peace in Costa Rica with a full scholarship from Asian-Peacebuilders Scholarship (APS) Programme.



**Deepa Chandra** is a Programme Officer at ARROW for its programme on building new constituencies for sexual and reproductive rights (SRR). The programme also looks at linkages of SRR with other issues such as climate change, food (in)security, migration, conservatism, conflict.

Apart from coordinating multi-country partnership programmes on climate change and SRHR, Deepa is also part of the capacity strengthening team that organizes and facilitates training on intersectionality in SRHR advocacy.

## Sessions and Speakers

### Research, Advocacy and Movement Building on Health from a Gender and Intersectionality Lens

This session will encourage participants to draw upon the learnings from the previous sessions to incorporate a gendered approach to their advocacy campaigns: with sensitivity towards gender-based constraints and opportunities; emphasis on gender-specific indicators and their monitoring; and drawing upon human rights frameworks.



**Speaker: Sarojini Nadimpally**

Sarojini Nadimpally is a public health researcher and social scientist based in Delhi. She is the co-founder of Sama Resource Group for Women and Health. She has conducted and published numerous studies on public health, sexual and reproductive health and rights, reproductive and biotechnologies and surrogacy, ethics in clinical trials, access to medicines, vaccines, patient rights, tribal health, conflict and health. She is also on the steering committee of the global People's Health Movement.

GEN  
DICE  
JUSTICE

## The Participants

Gender, Justice and Health Online Short Course gathers 65 participants from South and South East Asia, Africa, MENA region and Europe. The participants are students, researchers, women's rights advocates, health practitioners and health activists, across the Global South and mostly below 45 years of age.

IPHU participants are interacting via the online sessions, email exchanges and [WhatsApp group](#).

## The Coordination Team

Deepika Joshi  
Priyam Liz Cherian  
**People's Health Movement**

Aakriti P.  
Adsa Fatima  
Neelanjana Das  
Ritika Kar  
Sarojini Nadimpally  
**Sama Resource Group**

Marevic Parcon  
Danica Magtubo  
**Women's Global Network for Reproductive Rights (WGNRR)**



## SUGGESTED READINGS

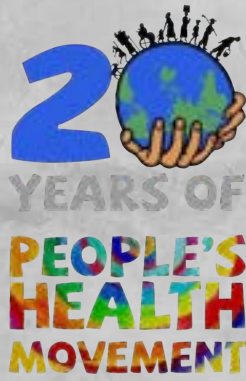
- Gender and Health: Factsheet, 23 August 2018, <http://www.who.int/news-room/factsheets/detail/gender>
- Bates, L.M. et. al. (2009), "Gender and health inequities: A comment on the Final Report of the WHO Commission on the Social Determinants of Health", *Social Science & Medicine* 69: 1002–1004
- Bose, Christine (2012), "Intersectionality and Global Gender Inequality", *Gender and Society*, 26(1): 67-72
- Excerpts from *The Lancet*, Essay Focus, Medicalisation in the 21st Century, Volume 369, Issue 9562.
- Cook, Rebecca (1995), "Gender, Health and Human Rights", *Health and Human Rights*, Vol. 1, No. 4, *Women's Health and Human Rights* (1995), pp. 350-366
- Springer, K. W. et. al. (2012), "Gender and health: Relational, intersectional, and biosocial approaches", *Social Science & Medicine* 74 (2012) 1661–1666
- [https://www.thelancet.com/article/S0140-6736\(13\)60253-6/pdf#articleInformation](https://www.thelancet.com/article/S0140-6736(13)60253-6/pdf#articleInformation)
- <http://www.who.int/news-room/factsheets/detail/gender> (Even though I know its from WHO :- ( it seems to be fairly well written and pitched at basics substantiating with data – perhaps some excerpts can be taken from here)
- [http://uhc-india.org/reports/hleg\\_report\\_chapter\\_9.pdf](http://uhc-india.org/reports/hleg_report_chapter_9.pdf)
- Bates Hankivsky Springer 2009\_Gender and health inequities A comment on the Final Report of the WHO
- Christine Bose 2012\_Intersectionality and Global Gender Inequality
- Hankivsky 2012\_Women's health, men's health, and gender and health Implications of Intersectionality
- Rebecca Cook 1995\_Gender, Health and Human Rights
- Springer, Hankivsky Bates 2012\_Gender&Health\_Relational, intersectional, and biosocial
- Uterus Transplants are Reinforcing Patriarchal Notions of 'Biological Motherhood' Sneha Banerjee and Sarojini Nadimpally: <https://thewire.in/gender/uterus-transplants-biological-motherhood>
- Indian Regulators Have Cleared the Way for Uterus Transplants Without Sufficient Research – Sarojini Nadimpally and Aswathi Raveendran: <https://thewire.in/gender/uterus-transplant-regulation>
- Gender and International Migration: Globalization, Development, and Governance – Lourdes Beneria, Carmen Diana Deere and Naila Kabeer: <https://www.tandfonline.com/doi/abs/10.1080/13545701.2012.688998>
- Economic Pathways to Women's Empowerment and Active Citizenship: What Does The Evidence From Bangladesh Tell Us? – Naila Kabeer: <https://www.tandfonline.com/doi/full/10.1080/00220388.2016.1205730>
- Marriage, Motherhood and Masculinity in the Global Economy: Reconfigurations of Personal and Economic Life – Naila Kabeer: <http://www.ids.ac.uk/files/dmfile/Wp290.pdf>
- #MeToo Is A Crucial Moment to Revisit the History of Indian Feminism – Srila Roy: <https://www.epw.in/engage/article/metoo-crucial-moment-revisit-history-indian-feminism>
- #MeToo Must Address the Concerns of Rural Women, Labourers and Domestic Workers – Archana Chandola: <https://thewire.in/women/metoo-movement-yet-to-reach-rural-india>
- Gender and Mental Health – WHO: [http://www.who.int/gender/other\\_health/genderMH.pdf](http://www.who.int/gender/other_health/genderMH.pdf)
- Sex and gender differences in mental disorders – Anita Riecher-Rossler: [https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366\(16\)30348-0/fulltext](https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(16)30348-0/fulltext)
- <https://arrow.org.my/publication/accelerating-gender-responsive-climate-action-through-empowered-csos-capacity-needs-assessment-in-bangladesh-cambodia-and-vietnam/>
- <https://arrow.org.my/publication/sex-rights-gender-age-climate-change/>
- <https://arrow.org.my/publication/womens-health-climate-change/>

## SUGGESTED READINGS

### SRHR

- Berro Pizarrossa, Lucía. 2018. "Here to Stay: The Evolution of Sexual and Reproductive Health and Rights in International Human Rights Law" *Laws* 7, no. 3: 29. <https://doi.org/10.3390/laws7030029> <https://www.mdpi.com/2075-471X/7/3/29>
- Ann M Starrs, Alex C Ezech, Gary Barker, Alaka Basu, Jane T Bertrand, Robert Blum, Awa M Coll-Seck, Anand Grover, Laura Laski, Monica Roa, Zeba A Sathar, Lale Say, Gamal I Serour, Susheela Singh, Karin Stenberg, Marleen Temmerman, Ann Biddlecom, Anna Popinchalk, Cynthia Summers, Lori S Ashford [https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736\(18\)30293-9.pdf](https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(18)30293-9.pdf)
- Krieger, N. (2003). Genders, sexes, and health: What are the connections — and why does it matter? *International Journal of Epidemiology*, 32, pp. 652-657 <https://academic.oup.com/ije/article/32/4/652/666984>
- Linking Poverty, Food Sovereignty and Security, and Sexual and Reproductive Health and Rights [https://arrow.org.my/wp-content/uploads/2015/04/AFC-Vol.20-No.1-2014\\_Food-Security.pdf](https://arrow.org.my/wp-content/uploads/2015/04/AFC-Vol.20-No.1-2014_Food-Security.pdf)[https://arrow.org.my/wp-content/uploads/2015/04/AFC-Vol.20-No.1-2014\\_Food-Security.pdf](https://arrow.org.my/wp-content/uploads/2015/04/AFC-Vol.20-No.1-2014_Food-Security.pdf)
- <https://www.who.int/health-topics/social-determinants-of-health#tab=tab>
- A Review of Frameworks on the Determinants of Health
- [http://ccsdh.ca/images/uploads/Frameworks\\_Report\\_English.pdf](http://ccsdh.ca/images/uploads/Frameworks_Report_English.pdf)
- Sociology in nursing 3: how gender influences health inequalities
- Matthews D (2015) Sociology in nursing 3: how gender influences health inequalities. *Nursing Times*; 111: 43, 21-23. <https://www.nursingtimes.net/clinical-archive/public-health-clinical-archive/sociology-in-nursing-3-how-gender-influences-health-inequalities-19-10-2015/>
- A feminist theoretical approach to understanding health of adolescent females
- [https://www.jahonline.org/article/S1054-139X\(00\)00207-X/fulltext](https://www.jahonline.org/article/S1054-139X(00)00207-X/fulltext)

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